

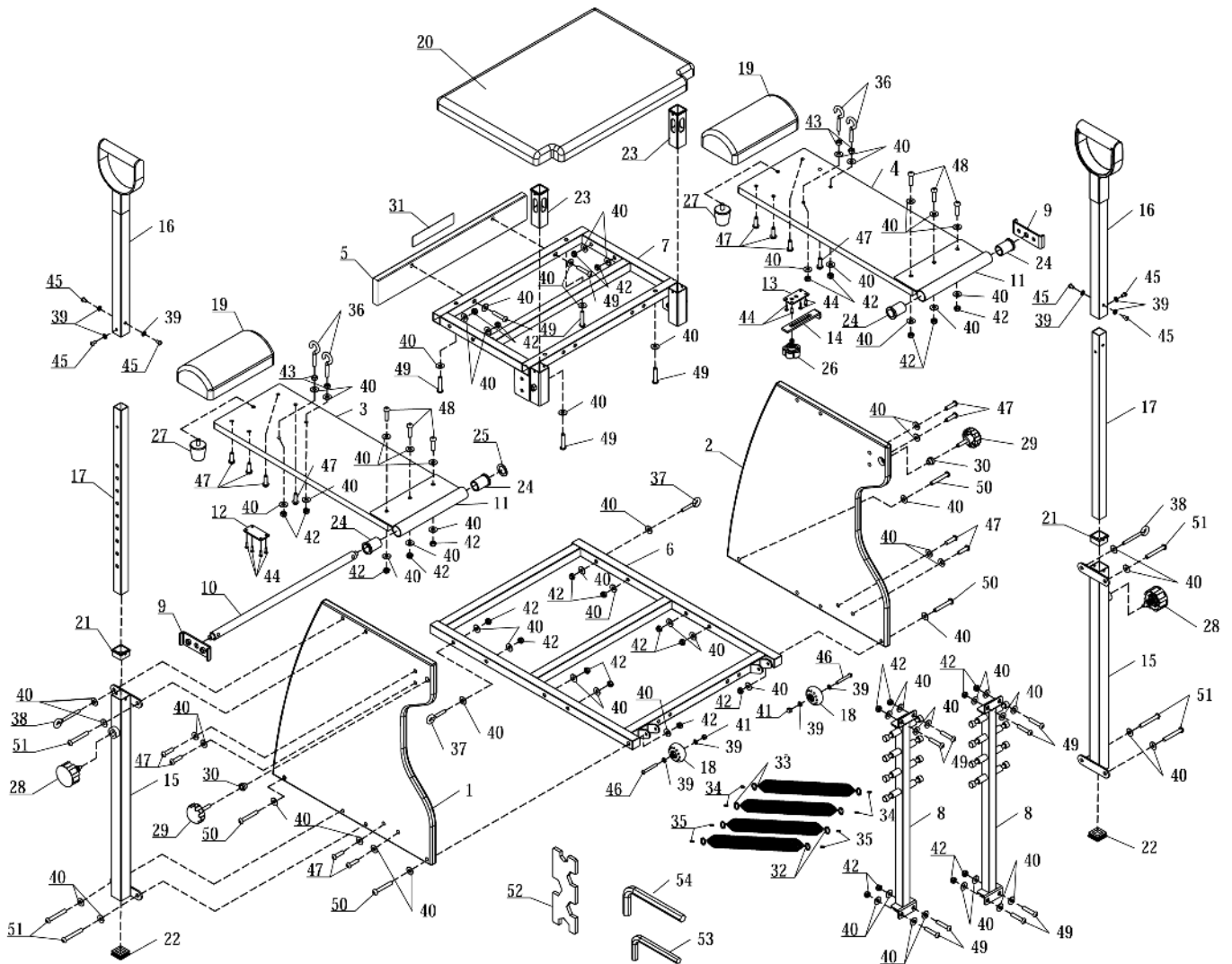
# Align-Pilates®




## **Combo Chair II** Assembly Instructions & User Manual

# Contents













## Exploded Diagram



## Self Assembly Parts List\*

Part No in Exploded Diagram	Combo Chair II Self Assembly Parts List	Qty	Image	Pack
25	Rubber Washer	1		<b>Knob Pack</b>
27	Rubber Foot Pedal Stopper	2		
28	Twist & Pull Height Adjustment Knobs	2		
29	Jump Board Fastener	2		
30	Black Plastic Bush	1		

\*For the pre-assembled parts list, please see the last page.

37	Short Eyelet Bolt	2		<b>Screw Pack</b>
38	Long Eyelet Bolt	2		
40	Nickel Plated Washer	78		
42	Nickel Plated Nut	32		
45	M6*15 Short bolts with loctite & washers	6		
47	M8*30 Medium bolts with blue loctite & washers <i>(note: 8 of the bolts are for pre-assembled parts so only 8 required for self assembly parts)</i>	16		
49	M8*40 Medium bolts with washers & nuts	14		
50	M8*55 Long bolts with loctite, nuts & washers	4		
51	M8*60 Extra long bolt with loctite, nuts & washers	6		
52	Multitool	1		
53	Allen Key 5mm	1		
54	Allen Key 6mm	1		

9	Chrome Pivot Pole Receiving Plate	2		<b>Main Pack</b>
10	Chrome Pedal Pivot Pole	1		
15	Handle Holders	2		
16	Black Upper Handle	2		
17	Chrome Height Adjustment Bars for Handles			
32	Green Spring - Strong	2		
33	Black Spring - Extra Strong	2		
1 & 2	Maple Veneered Side Panel (1) *	1		
5	Maple Veneered Front Plate	1		
6	Base Frame with Wheels	1		
7	Seat Support Frame	1		
8	Spring Holder Tree	2		
20	Upholstered Seat Pad	1		

# Assembly

1) Remove all items from the box and lay out as illustrated in Fig.1 on a clean smooth floor. Note: be sure to put something soft underneath the veneered maple panels to avoid scratching.

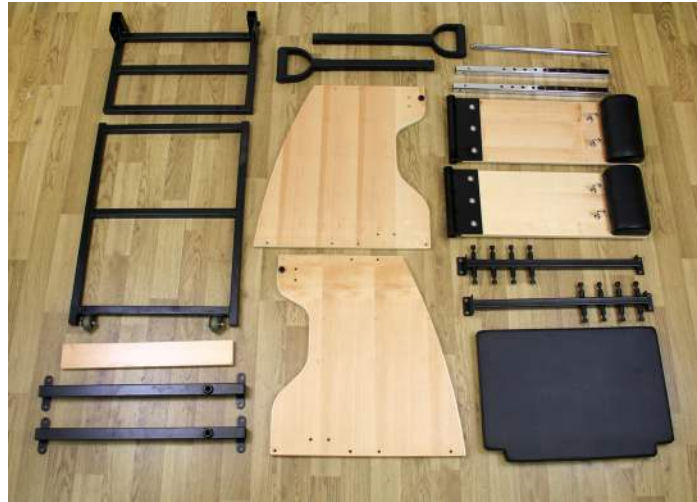


Fig. 1

2) Attach the 2 x Spring Holder Tree (8) to the Base Frame (6) using 4 x Medium bolts & nuts without loctite (49) (2 bolts per Spring Holder Tree) and tighten completely, see Fig.2. *Note: the Base Frame should have the wheels angled upwards, so that they do not touch the floor.*

3) Attach the Seat Support Frame (7) to the top of the Spring Holder Trees (8) using 4 x Medium bolts with nuts without loctite (49) (2 bolts per side). Leave hand tight for now, see Fig.2.



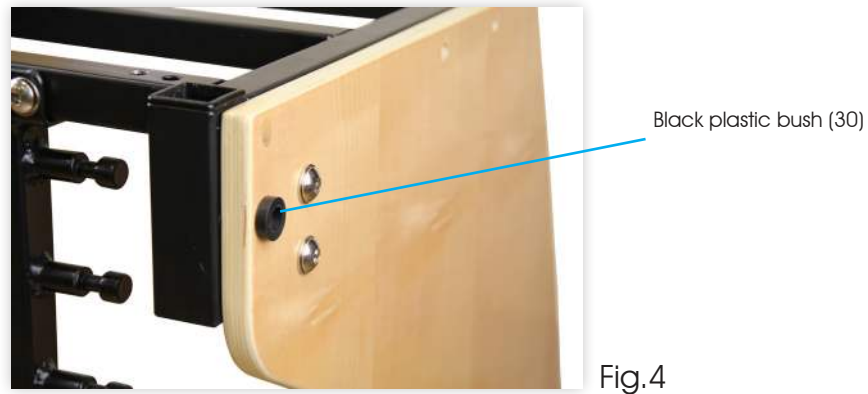
Fig.2

4) Attach the 2 x Chrome Pivot Pole Receiving Plates (9) to 2 x Maple Veneered Side Panels (1 + 2) (one per side) with 4 x Medium bolts with blue loctite & washers (47) (2 bolts per side). See Fig.3.



Fig.3

5) Insert the black plastic bush (30) into the maple panel as shown in Fig. 4. Attach the 2 x Maple Veneered Side Panels (1 + 2) loosely to the Seat Support Frame (7) with 4 x Medium bolts with blue loctite & washers (47) (2 bolts per side). See Fig.4. Do not fully tighten at this stage.



6) Attach the 2 x Handle Holders (15) using 2 x Long eyelet bolt (38) (in a vertical position) and 2 x Extra long bolt with loctite, nuts & washers (51) for the top (1 of each bolt for each side panel). For the bottom use 4 x Extra long bolt with loctite, nuts & washers (51) (2 bolts for each side panel). See Fig.5. Do not fully tighten all of the bolts at this stage, otherwise you will have difficulty when inserting the Foot Pedals into the Chrome Pivot Pole Receiving Plates.



7) Now insert 4 x Long bolts with loctite, nuts & washers (50) (2 bolts for each side panel) to secure side panels in place. Do not fully tighten at this stage.

2 x Long bolts with loctite, nuts and washers (50) per side panel



Fig.6



Fig.7

8) Whilst the Foot Pedals are still upside down, as in Fig. 7, thread the 1 x Chrome Pedal Pivot Pole (10) through the first of the foot pedals, before threading all the way through pause at the middle to slide the 1 x Nylon washer (25) onto the pivot pole, now continue to thread the pole through the second foot pedal. The nylon washer should sit between the two foot pedals as in Fig. 8. Before moving onto step 10, connect the foot pedals together with the connecting bar fastener (Fig.7).



Fig.8

9) Insert the 1 x Chrome Pedal Pivot Pole (10) with the now attached Foot Pedals into the 2 x Chrome Pivot Pole Receiving Plates (9).



Fig.9

10) Next attach the 1 x Maple Veneered Front Plate (5) to the Seat Support Frame (7) with 2 x Medium bolts with washers & nuts (49). Now you can fully tighten all of the bolts you put from Steps 3 to 5.

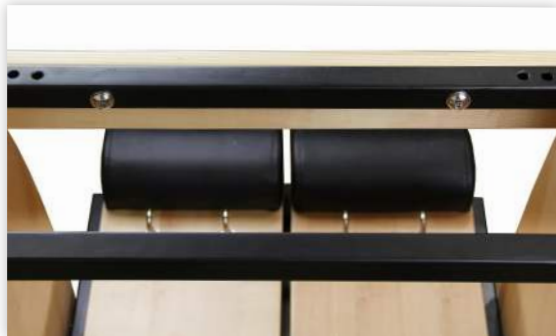


Fig.10

11) Using 4 x Medium bolts with washers & nuts (49) attach the Upholstered Seat Pad (20) into place and fully tighten. *Note: the cut outs on the seat pad should be at the back of the chair.*



Fig.11

12) Firstly, attach the 4 x springs (32+33) to the hooks at the foot pad end of the split pedals, ensuring each Foot Pedal has 2 of each strength spring. Next, go around the back of the chair and attach the springs to the Spring Holder Trees. Only one spring can attach to each position. To check that the pedals hang at the same height disconnect the Connecting Bar Fastener. If they do not hang equally, the height can be fine tuned by adjusting the hook position by loosening the bottom nut of the hook, then adjusting the position using the top nut and re-tightening. *Note: Green= Strong & Black = Extra Strong*



Fig.12



Fig.13

13) Insert the 2 x Jump Board fasteners (29) into place. Then, attach the 2 x Short eyelet bolts (37) in the 2 holes in the front of the Base Frame with Wheels (6) in a vertical position, as shown in Fig. 15.

14) To assemble the two-part handles slide the 2 x Black Upper Handles (16) over the 2 x Chrome Height Adjustment Bars for Handles (17) and secure with 6 x Short bolts with loctite & washers (45). Tighten fully.



Fig.14

15) Slide the assembled handles into the handle holders, 1 on each side, then insert the 2 x Twist & pull height adjustment knobs (28). To adjust: pull out the Twist & Pull knob, move the handle to the correct height, let go of the knob to allow the locking pin to locate in to one of the 9 holes. Once located at the desired height, tighten the knob to prevent rattle and to fully secure the handles.

16) Finally, before first use go over the Combo Chair II and ensure that all bolts have been properly tightened then your Align-Pilates Combo Chair II is complete!





The Jump Board from the A2 Series can fit into the back of your Combo Chair II. This is an optional extra that can be added at a later date.

**Please read the below information before first use:**

This combo chair is for indoor use only or an appropriate level surface of a non-slip nature. Should the floor be slippery a non-slip mat should be used under the chair. The combo chair is not a toy and should not be used by children without the guidance of a suitable qualified Pilates professional.

**Spring Adjustment**

The higher the peg on the Spring Holder Tree the greater the spring resistance on the split pedals. The lower the peg on the Spring Holder Tree the lighter the resistance and the lower the split pedals will be to the floor. There are 4 spring positions, springs should be used at the same height on each side of the same tree otherwise one of the springs will not be correctly tensioned and the spring could come unattached from the tree. Always check springs are properly attached and NEVER adjust whilst someone is on the equipment or the spring is under tension.

**Splitting the Pedals**

To split the pedals simply unscrew the Connecting Bar Fastener that is located under the pedals, slide back the bar to separate the pedals and refasten to secure the Connecting Bar out of the way. The pedals can now operate independently. To reconnect simply reverse this procedure.

**Adjusting the Height of the Handles**

Holding the upper part of the handle, loosen, but do not remove, the knob on the handle holder then pull the knob out which will disengage the connector pin and allow you to adjust the height of the handle. Release the knob when you get to the height you desire and continue to move the handle until the locking pin locates in to one of the 9 height adjustment holes available. Once located at the desired height tighten the knob to prevent and rattle and to fully secure the handles.

**Periodic Maintenance**

We recommend that you check that all the bolts are properly tightened as part of your regular maintenance routines. For cleaning upholstery we recommend cleaning with gym wipes from vital-clean.de which are available worldwide. For further information on cleaning recommendations and equipment maintenance please visit our website: <https://www.mad-hq.com/align-pilates-resources> and refer the Align-Pilates Routine Safety & Maintenance Guide

**Spring Life**

Please always check springs for signs of wear and tear before use. Springs showing any sign of damage or which do not fully return to their closed position should be replaced immediately. Align-Pilates should be changed at least every 2 years.

# Warranty Information

## ALIGN-PILATES™ LIMITED LIFETIME WARRANTY

### Terms of Limited Lifetime Warranty

Align-Pilates offers the following limited lifetime warranty, for the periods as stated below from the date of purchase, to the original owner of their products, upon presentation of an original invoice in their name. The warranty is a Light Commercial Warranty allowing for a maximum usage of 27.5 hours per week.

Align-Pilates will repair or replace any mechanical part that malfunctions due to defects in materials and/or workmanship during the warranty period. The warranty excludes normal wear and tear, damage due to negligence or misuse, abuse, modification or unauthorized repair; scratches to the finish, and tears or indents in the upholstery. Align-Pilates will, at its discretion, repair or replace any parts deemed defective during the warranty period. If we opt to repair or replace your apparatus, this may require that your product is returned for inspection at our premises prior to sending out replacement apparatus. Parts repaired or replaced under the terms of this warranty will be warranted for the remainder of the original warranty period only. This warranty does not cover shipping charges, customs clearance fees (where applicable) or any costs incurred in installing repaired or replacement parts shipped under the provisions of this warranty. This warranty will be null & void if springs are not changed as specified or, if all safety, maintenance and usage instructions as specified in the manuals are not observed or, if the equipment is used for any other purpose other than for Pilates repertoire or if the equipment has been subjected to accident, abuse, improper service, or modification not authorized by Align-Pilates.

### Duration of Limited Warranty:

#### 1. Metal Frames & welded components

10 year warranty

#### 2. Wooden Frames

5 year warranty. Wooden frames must not be positioned next to convection radiators or air conditioning units.

#### 3. Other non-wear and tear components

2 year warranty

#### 4. Springs

2 year warranty is given on all springs. In the event of any signs of damage or wear springs should be replaced immediately regardless of age or usage.

#### 5. Upholstery

The upholstery fabric on Align-Pilates equipment will be replaced if it fails to give normal wear for 90 days from the date of delivery. Proof of damage may be required. This warranty does not cover cuts, scratches, burns, stains, soiling, or damages caused by unreasonable use such as wearing jewellery or inappropriate clothing whilst using the equipment. Align-Pilates reserves the right to substitute an equivalent fabric if an identical fabric is not available. Upholstery must be properly cared for – do not use chemical sprays or industrial soaps, we suggest using Gym Wipes for upholstery cleaning as laid out in this manual.

### Warranty Return Procedure

The customer must call Align-Pilates or its authorized Distributor for authorization prior to returning the equipment. The customer is responsible for the cost of returning products to Align-Pilates (or their appointed Distributor) for warranty adjustment should this be deemed necessary. The customer is responsible for any damage or loss during shipment back to Align-Pilates (or their appointed Distributor). The customer is responsible for the cost of return freight to them in the event Align-Pilates decline to make a warranty adjustment. Align-Pilates do not accept responsibility for any items returned without a pre-approved authorization number, which must be clearly marked on the outside of the package.

### Limitation of Liability

The above is our exclusive warranty and is in lieu of all other warranties, express or implied, including warranties of merchantability or fitness for any purpose. In no event shall Align-Pilates or their Distributors be liable for incidental, consequential or punitive damages.

### Contact Information

This warranty is issued by Align-Pilates Equipment Ltd, 430 Enterprise Way, Vale Park, Evesham, Worcs WR11 1 AD, UK. Tel: + 44 1386 425920. [www.align-pilates.com](http://www.align-pilates.com). (V.5 Aug 2018)




## Complete your Studio

Align-Pilates offers a full range of commercial quality Pilates apparatus, at the most competitive prices in Europe.



Of course, there is nothing like experiencing Pilates apparatus first hand and finding out what it is really like. We actively encourage visits to our showrooms at our UK headquarters which are open for viewings Mon - Fri - simply call us to make an appointment. Please call us for a copy of our brochure on +44(0)1386425923.

**For further information or queries on the Combo Chair II please call your distributor or alternatively call our UK customer care team on +44(0)1386425923 or email [customer care@align-pilates.com](mailto:customer care@align-pilates.com) or visit our website [www.Align-Pilates.com](http://www.Align-Pilates.com)**

No in Exploded Diagram (see page 2)	Combo Chair II Pre-Assembled Parts List	Qty	Image
3 & 4	Foot Pedal	2	
11	Foot Pedal Hinge	2	
12	Locking Plate Receiver	1	
13	Locking Plate 2	1	
14	Locking Bar	1	
18	Wheel	2	
19	Foot Pedal Pad	2	
21	Handle Holder Cap	2	
22	Handle Holder End Cap	2	
23	Jump Board Receiver	2	
24	Foot Pedal Hinge End Cap	4	
26	Foot Pedal Fastener	1	
30	Jump Board Fastener Cap	2	
31	Align-Pilates Logo Plate	1	
34	Spring Cover	4	
35	Green Spring Cover	4	
36	Nickel Plated Spring Hook	4	
39	Nickel Plated Washer	10	
41	M6 Nickel Plated Nut	2	
43	M8 Nickel Plated Nut	4	
44	Nickel Plated Screw	8	
46	Nickel Plated Bolt	2	
48	Nickel Plated Bolt	6	